

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, April 20, 2012

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

1. **CALL TO ORDER**

The meeting was called to order at 9:30 am by the Chair, Commissioner Creveling.

2. **ROLL CALL**

Present: Commissioners Churchill, Creveling, Hobbs, Helton, Kimberlin, Mirchandani, TenEyck, Thomas, Turner & Vaidya

Absent: None

Excused: Commissioners Berndt, Bischofberger & Chugh

3. **SALUTE TO THE FLAG**

Commissioner Turner led the salute to the flag

4. **APPROVAL OF MINUTES** of the Regular Meeting of March 16, 2012

- Commissioner TenEyck moved that the minutes be accepted as presented and Commissioner Hobbs seconded the motion.

M/S/P

- Commissioner Hobbs pointed out that the date for the March minutes was incorrect on the agenda. The year needs to be changed to 2012. This change was made.

5. **ORAL COMMUNICATIONS**

- Dan Ashbrook and Stacy Snowmin wanted to thank the Commission for their continued support of the Lavender Seniors.
- Dan shared information about the cultural sensitivity trainings they are doing with most of the senior centers in the bay area. In addition to the trainings

they are asking the senior centers to recognize the month of June as LGBT pride month. The City of Fremont Mayor/Council will be issuing a proclamation that June will be LGBT month. Dan would like to work with the commission on different activities they can do during the month June (i.e. rainbow frosted cupcakes/cookies, displays, etc.) He shared that the last Friday in June, they will do a story sharing program.

- Dan announced, along with Linda, that an LGBT Aging Communities Issues Forum (Cultural Sensitivity Training) will be held at the Senior Center on May 23, 10:15 – 11:30. The presentation will be open to the staff and the public.

6. WRITTEN COMMUNICATIONS

None

7. OLD BUSINESS

7.1 Action Areas – Commissioner Creveling, Chair

- The Commissioners reviewed the updated Action Area List. Commissioner TenEyck made a motion that the Commission accept the list as presented. Commissioner Mirchandani seconded the motion.

M/S/P

8. NEW BUSINESS

8.1 Recognition of Philip Huang and Celia Stein, Shawn Fong, Paratransit Program Coordinator

- Shawn recognized Philip and his work with the Para transit program. She gave a brief overview of the different work that Philip has done over the last 12 years. She emphasized how he was part of the ground-breaking of reaching out to the different cultural groups in the community.

- Shawn and Commissioner Creveling presented a certificate to Philip along with a gift certificate to renew his Senior Center membership.
- Celia was unable to come to the Commission meeting. Therefore, Shawn gave a brief overview of Celia's work with the Los Amigos group. Celia will also receive a certificate recognizing her achievements along with a gift certificate for a membership at the Senior Center.

8.2 Getting Information From the Commission to the Community, Commissioner Creveling, Chair

- Commissioner Creveling shared that he is looking for ideas from each Commissioner on how to get information they have out to the community. Some of the ideas that came from this initial discussion are below:
 - “Meet the Commissioner Day”
 - Find a way to provide free transportation to the Senior Center
 - The Commissioners find a way to be present at the Festival of the Arts – maybe wear t-shirts and be available to volunteer at the City booth.
 - Go to businesses with brochures, etc. and see if the owners/managers will allow them to be put out for people to pick-up.
 - Have a car in the 4th of July parade (Commissioner Vaidya will contact committee to see if this is possible).
 - Put brochures in all the community centers, doctor offices, and pharmacies.
 - Create a ride-share list.
 - Talk to Tri-City Voice about having an article every month (or week) about senior issues.
 - Let new Senior Center members know about the Senior Commission by creating a flyer that will explain what they do and the dates of all the meetings.
 - Hold a “candidate night” for the mayoral and council.
 - See if the PTA Council would host an all school event so the Commissioners could get information out to families who might

- have elderly parents/grandparents.
- Set-up a timeline for going to speak to other organization (i.e. churches, rotaries, senior housing developments, etc.).
- It was decided that the group of Commissioners that have signed up to work in this Action Area, will meet with Karen Grimsich prior to the June meeting to work out the details and to determine what the “message” is going to be for this year.

9. COMMISSION REPORTS

9.1 Health Issues/Senior Safety/Prescription Drug Comparison

Commissioner Helton

- Commissioner Helton discussed dehydration and seniors and how it plays into a lot of senior medical conditions (i.e balance, mental issues, blood pressure, etc.).

9.2 Senior Legislation – Commissioner Thomas

- Commissioner Thomas encouraged the Commissioners to take time and check-out the web-site for American Society on Aging. He also discussed how important it is for seniors to be able to stay in their home and how there is a movement that is looking at how to make it possible (home and community based services).
- Commissioner Thomas also shared that the California Dept. of Insurance has 12 assembly bills and 4 senate bills as they relate to seniors.

9.3 Tri-City Elder Coalition – Commissioner TenEyck

- It was announced that the Senior Night out theme for 2012 will be “Under the Big Top”. The event will be moving from the Newark Hilton to the Fremont Marriott and will be held on October 5. Commissioner TenEyck announced that she will collecting funds from the commissioners for a gift basket at the September meeting.

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging & Family Services Report – Karen Grimsich, Aging And Family Services Administrator

- Karen shared that May is older adults' month – Cargill Salt donated \$5000 to support meals during the month of May.
- Karen shared that she had just attended a conference in LA concerning the state of California's managed care plan (blending of medi care/medical programs). Alameda County was not one of the 1st four counties that will incorporate this new program, so we have more time to get ready.

11.2 Senior Center Manager Report – Linda Olla, Senior Center Mgr.

- Linda shared that Cargill indicated that they are very interested in doing some on-going support of the SC Meal Program and potentially more money to be had.
- Linda discussed briefly how each meal we serve at lunch is about \$15 each which is why we do the fundraising we do.
- The Commissioners were reminded about the Volunteer Event on April 27 and advised to pick-up their tickets following the meeting.
- Linda reviewed the calendar of events at the Senior Center for the month of May.
- Linda announced that the Indo-American group is having a health fair on May 22.

12.COMMISSION COMMENTS

- **Commissioner Kimberlin** shared that she is now the chair of CBCA (Centerville Business and Community Association) and about the recent City Manager Dinner they had at El Patio.
- **Commissioner Thomas** announced there will be a brunch on Sunday at the Elks Club/ 9 am on Farwell.
- **Commissioner Hobbs** invited everyone to the Marriot to the Kindango Tasters Showcase (annual). She shared that the money raised will be used to augment the nourishment program. 1 pm (\$45 at the door).
- **Commissioner Helton** suggested that the Commission ask the police to come and speak about crime in the different neighborhoods. Karen shared about the “You are not alone” program that the police dept. is starting. This is a joint effort with Aging and Family Services and the police department that will be starting in the Fall.
- **Commissioner Thomas** reminded people about locking doors on your car when pumping gas and/or putting your purse in the trunk of your car prior to getting to the gas station.
- **Commissioner TenEyck** brought up the Tri-City Health issue having no nurse for foot care and cholesterol since the nurse that was doing it, has gone to another job. The question was raised about whether we are paying them for their full grant at this time. Karen shared that she is in communication with them around this issue.
- **Commissioner Kimberlin** asked the Commission if anyone is interested in coming to school to read to kids, to email her for details.

Adjournment

There being no further business, the meeting was adjourned at 11:25 am.

Respectfully submitted by Lynn R. Hood, Recording Secretary.